

# The Family Support Network™ of North Carolina is proud to sponsor the Charting the LifeCourse Ambassador Series.

We are excited to offer this virtual series for free to 10 people across the state.

## What is Charting the LifeCourse (CtLC)?

The Charting the LifeCourse framework was created to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. The framework is the keystone for supporting a community of learning that champions transformational change through knowledge exchange, capacity building, and collaborative engagement.

#### What is a CtLC Ambassador?

## A certified Ambassador is a person who has:

- o Enhanced skill set to use CtLC in both personal and professional life, including problem-solving, life planning, formal planning, and strategic thinking
- Confidence to use and share the principles of the CtLC framework
- Commitment to ongoing learning, sharing, and contributing to person and familycentered practices

#### **Charting the LifeCourse Ambassadors are:**

- Leaders and influencers in their arena
- Not afraid to try new things

### **Charting the LifeCourse Ambassadors have:**

- Knowledge of the CtLC framework and methodology
- o Desire to learn how to implement CtLC at a more in-depth level in various settings

#### What is the CtLC Ambassador Series?

The CtLC Ambassador series is a combination of self-paced and group learning, utilizing recorded webinars, personal learning activities, and interactive coaching calls. The series is an opportunity to receive a comprehensive overview of each of the foundational principles of the Charting the LifeCourse Framework and its accompanying decision-making and planning tools, as well as to practice applying each principle in personal and professional roles.



## Why are we offering the Ambassador Series?

North Carolina is at a crossroads. Medicaid transformation is coming. The voices of families and individuals with lived experience have never been more valuable and necessary. We have a unique opportunity to create a community around CtLC that can spread throughout North Carolina and change the narrative of how individuals with I/DD live their lives. This is the time for change and policymakers are listening.

## Who Is Eligible to Apply?

We have 10 spots available in our CtLC Ambassador Series Community. We would like representatives from the following areas:

- -Family members of a person with a disability
- -Individuals who identify as disabled
- -Community Partners: Professional in the I/DD field who can be a change agent.
- -State Level Partners: People who work in state level divisions, MCOs, and can leverage their strengths to begin making changes in the I/DD landscape.

#### When will the series be held?

The Ambassador Series is an intensive series that will require some time investment from participants. Please be sure you are able to commit the time needed to the series before applying. Each session will be over Zoom (access to a computer will be needed).

#### Sessions:

November 9, 2022 10:00-11:30 am

November 30, 2022 10:00-11:30am

December 21, 2022 10:00-11:30am

January 18, 2023 10:00-11:30am

February 8, 2023 10:00-11:30am

February 22, 2023 10:00-11:30am

# How Do I apply?

Complete the application by clicking <a href="here">here</a> by October 14, 2022. Have more questions? Email Laurel Powell (FSN-University Office Program Manager) at <a href="mailto:Powelllm@unc.edu">Powelllm@unc.edu</a>.

Application can be accessed by scanning

The barcode! '